Protect Yourself and Your Family from COVID-19 During the Holidays

**DO**

* Celebrate virtually or only with members of your household
* Gather outdoors if possible
* Open windows and doors if inside
* Limit the number of attendees
* Wear a mask
* Stay 6 feet apart
* Wash your hands often

**DON’T**

* Attend gatherings if you are ill, in isolation or quarantine
* Attend gatherings if you are waiting for COVID-19 test results
* Attend gatherings if you, or someone you live with, is at higher risk from COVID-19
* Shake hands or hug
* Gather in crowded indoor spaces
* Sing or shout
* Share food or drinks

www.cdc.gov/coronavirus